

ARRIBLAD

SINTARRIBAKLAAS EDITION



1 EDITOR'S NOTE

For the sake of the future of Arriba, there has been a lot of changes. Our logo has been changed. We now have new Arriba clothing, which can be bought each half year. We have activities, but also 3-vs-3 tournaments. Even for a very old member (I have been a member for more than 7 years), I'm glad to see that the best thing about Arriba will be changed too: the Arriblad.

Arriblad has been here for a long time. In the past it had many names, but fortunately I'm not that old. Arriblad was primarily for members who like to write funny stuff and wanted to bring the rumors about Arribanen to all members of Arriba.

Although it was very fun time, I have to say that this group of writers became like an old sassy group of gossipers and blabbers. You would think that Arriblad won't do anymore, but the Arriblad will still be source of gossips and news announcements (credits to Judith). But Arriblad needs a fresh start.

Arriblad will arise from its own ashes to become a modern periodic, with reoccurring headings, themes and stories. Not only stories from the teams you care about, but also stories from a steady, fast-paced and motivated writers who will lift Arriblad to new heights. Arriblad will not only be the glossy that will keep you updated, but also will keep you entertained. And no, I'm not Robbie Williams.

This will be my first editorial note and also my last. I have had the experience of being a chief editor at other small periodics and magazines, so after this edition Judtih will be the new chief editor. You might think I wouldn't be there anymore at Arriblad, but I will write something for you. Although I don't know yet what subject I will use for my writing parts, but I will find something. I always do.

So, to put it all in a summary: please enjoy this new edition and version of the Arriblad. We firmly hope that you will like the new Arriblad and we hope specially to hear more from you, the readers! Arriblad will be distributed during Sintarribaklaas, but this Arriblad will find its way in other platforms. Let us know what you think of it and if you have a nice story (sigh... yes Judith) or gossip, send a message/mail/post pigeon to writers and editors of the Arriblad!

Yours sincerely,

Bob Hengeveld

Chief Editor

Judith Oude Voshaar (writer)

Remco Hoen (writer)

Rick Polman (writer)

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2 WORD OF THE CHAIRMAN

Dear Arribans,

As the chairman I was asked to write the first 'word from the board' of this season. I hope most of you know me a little bit by now, because I've strutted around as prominently as I can.

We are already a couple of months on the way in the season and being a board member is finally becoming a routine. As a board we've worked hard to start the new basketball season as smoothly as possible for all Arribans. For me this has mostly meant a lot of talking and texting, but I've also got the board some dope-ass jackets and I dodged many AP'tjes .

At the moment things are settling down a bit and now we have more time to achieve our board year goals. Which, as you all know from the General Member Assembly include resurrecting former-member association Amartano & organizing an 'Arritrip'.

Meanwhile we will do the usual stuff, like taking your hard-loaned money and convincing Sinterklaas to stay a bit longer to surprise all those good Arribans. I hope you all had fun making poems for each other and I know Sint is very excited to hear them.

Cheers!

- *Menno*

PS: Don't forget to drink responsibly tonight ;)

3 GENTS 1 TEAM PAGE

Every year Gents 1 has to overcome the challenge of finding enough talent for their team. This year we started with just four of last years team. However, a lot of talent showed up after the summer break. This gave us the luxury to create a full team of great basketball players. Again a team with a lot of internationals. The team consists of Dutch, Spanish, Estonian, Portuguese, Italian and Bulgarian people. Even though we have these challenges, we managed to do really great in the league. We set the goal of winning 5 games in the first half of the season. Until now we won seven out of eight games. This is above our expectations and makes our goal seem to easy. However, we shouldn't underestimate our opponents. There is still more than half of the season to go, with enough challenges upcoming.

Not everything is as rosy as it sounds in Gents 1. Maybe some of you already hear the news or caught the rumour. Bas, our coach, has made the choice to move on to the next job at another organization. After ten years of active involvement, Bas will be leaving Arriba. This will, of course, come with some challenges we have to overcome as well. Let's see if we also can face these challenges! We would like to thank Bas for the great start this season, but even more for everything he did all the years at Arriba. Bas, thank you and good luck with your next adventure.

Back to the players of this year itself. As a team, you need to know each other quite well. Only then you can trust your teammates in a game as well. Well, let me tell you, team bonding is going quite good. Aside from the practices we see each other at quite some occasions. Partying has been a success so far. Some beer pong, stress pong and even Estonian vodka drinking are becoming a habit. The last party story is quite interesting. I won't tell the story here, just ask Baby Born (Cliff) for more details. Oh wait, he doesn't know the stories, just ask the other Gents 1 players.

Moreover, partying eager us to make other plans. Plans to go on a trip are being made. With so many internationals we have a lot of places to visit. Some weekend trip to Barcelona or a party holiday in Sofia. Perhaps a sip of vodka in Talin. Let us see how far Gents 1 can reach!

Arno

4 MATCH REPORT – GENTS 2

D.B.V. Arriba Gents 2 - SVZW

It was the fourth game in the season that the gents 2 were facing yet another opponent. This time it would be without the guidance of coach Silver. Unfortunately for him, because this could be the first time he would see the gents 2 grab a win. But even without a dedicated mastermind, there was not much to worry about in the first quarter. After a perfect ball toss to start the game, the tone has been set. Tight man-to-man defence was put in place to capitalise on the questionable passing qualities of SVZW.

Unlike last match, the squad was 11 men strong, which allowed for a lot of bench rotation. There was even so much rotation that Peter has played on every position throughout the whole game. Among these 11, there was a new face: Nico. With a couple of offensive rebounds that were easily converted in points, the gap grew larger. To much frustration of SVZW.

Then, completely out of nowhere, one player of SVZW decided to change the basketball court into a judo dojo. With one firm twist, he locked elbows with Bas and threw him off his feet. Obviously, this action was rewarded with an unsportive foul. With Bas sidelined due to the consequential injury, Barteld was subbed in who, just like last month's practices, showed to have no issues at all scoring free throws.

During half time, the score was 33-21. It was time to start scoring more. And so Arriba's gents 2 did. Passing the ball more before taking a shot, proved to be effective. Some drives & kickouts resulted in a couple of sweet 3-pointers. In the third quarter, a foul was committed by SVZW. By who? I guess we will never know. Even some volunteers offered their number to draw the foul upon, but the refs didn't want none of that. The next logical thing to do, of course, was to call it on a player that was not involved in the hustle.

In defence, the gents would have loved to showcase their progress with help side defence that they practiced during last week's practices. However, SVZW's offense never got swung the ball to the other side. Near the end of the third quarter, Camille served us a beautiful up and under lay-up on the fast break. Later, Nico grew annoyed by the league's standards. A lot of physical contact, with no regard for the ball, that was not called out for a foul. Welcome to the east league, Nico.

In the end, the game ended with 78-43, meaning that the gents 2 finally grabbed their first win. Next week, Picker Reds is awaiting us. One of their players: Luuk Eger's dad.

Noud

5 NBA NEWS

The regular season has only just begun, but a lot is happening in the NBA. Here are some of the present-day developments in the NBA.

Lebron James

By now the vast majority is up-to-date regarding the Lebron James trade to the LA Lakers. Many still wonder why Lebron would sign a 4-year deal with the Lakers. There are multiple potential reasons why he moved to LA: His family, trust and his way of living among them.

The regular season begun only five weeks ago, but Lebron James already accomplished an impressive feat: He passed Wilt Chamberlain for the 5th place on the NBA scoring list. After the game Lebron stated "It is all about hard work", while he had his best game since officially being an LA Laker (44p/10r/9a). Furthermore, there was a 6962-point gap between fifth and first place on the all-time scoring's list. As Lebron is 33 years old (Soon to be 34 years old) and having at least 314 regular-season games left on his 4-year contract, he could finish No. 1. He has to achieve 22,2 point per game during this period if he does not get injured. He has a good chance of achieving this, if we may rely on his past efforts.

Jimmy Butler trade to the Philadelphia 76'ers

Jimmy Butler got his long desired trade from the Minnesota Timberwolves. He requested a trade from the Timberwolves shortly before training camp. Butler would become a free agent next summer and it was clear that he would not re-sign, so Minnesota was forced to do something. So the options were to let him walk out freely next summer or get something in return now.

Why would Butler want to get traded so badly? He did not get along with the young stars Andrew Wiggins and Karl-Anthony Towns. Butler is a guy who always works hard because that's what got him to this point in his life. He was not a huge college phenomenon like Wiggins and Towns. He didn't become a reliable scorer until his fourth year in the NBA. Butler expects every player to work as hard as he does, and is offended by those who don't. His leadership style doesn't mesh best with the personalities of Towns and Wiggins. As a result, there's a tangible disconnect between him and the younger players on the roster.

This deal brings the 76ers a legitimate big three. With all-star Jimmy Butler joining the all-star forward Joel Embiid and rookie of the year Ben Simmons, the Sixers now have a legitimate championship window that's centered around the progression of their young talent.

Remco

6 WHAT KEEPS A RECREATIONAL GOING ON?

As a professional recreational player with 3 years of experience, (I want to put this on my CV could someone vouch for me? Thanks) they asked me:” what does a recreational player in his spare time, do they even have spare time or is it only study and basketball for life?”. But I think first the question: “what keeps a recreational player going on?” should be answered.

So, what keeps a recreational player going? Is it the love for teddy bears, with their soft skins and sweet ears? First created in 1902, named after Theodore “Teddy” Roosevelt who was a passionate bear hunter but supposedly spared the life of a young bear, which was all documented by the caricaturist Barryman, who then proceeded to use the bear as a symbol for the president in his cartoons. A couple of Russian immigrants had the idea to make a profit from this story, and shared everything with mother Russia, because sharing is life in Russia.

Or is it looking forward to Damian’s lesson in Salsa? He said we would get lesson with himself as teacher. We are still counting on it. I’m rather curious how we are going to screw the salsa so bad that even the Italians will cry with the Spanish. The story is: Damian said at a random day at 00.04 in the groupsapp:” Next practice a Latin rhythm workshop, I’m going to be the teacher.”, but we didn’t get one, however, it was calm the next practice. Coincidence? I think not.

Or is it the team spirit, the playing together and to help each other in being better at playing basketball. Furthermore, the team feeling we experience when playing games together and having fun while training.

Nah, the most important reason for what a recreational player keeps going on is drinking beer and dancing around the pole.

Rick

7 FIFTY SHADES ARRIBANER

After a long summer break, Arriba seemed such a long time ago. It has been a while since I've had practice. Yeah, practice... The evening was warm and moist. I picked up my bike and started to make my way to the sport center. I've become sweaty due to the heat. Because of that, I started to think about practice. A hard practice with exercises that would frighten me. With hard ball-dribbling exercises. Though I probably was out of shape, because it was the start of the season, I still hoped for a hard practice with exercises where I would feel the pain. I don't know why but I liked the pain and craved for it.

When I was at the court, I was pleasantly surprised. __1__ gave the training this year to us. He was known for his hard and strict trainings. Especially in the start of the season. First, he would work on our stamina. It was a shame we only had to run till our feet would hurt. The pain was doable though. I hoped firmly we still do exercises with the balls. Those sweet, sweet balls.

After some running, the coach said we could stop. I was still running, because I was thinking about the possibilities that could happen within this training. There were so many options: "__2__!" I heard my name and almost collided with __3__. I wouldn't mind that, but it would be awkward to explain my behavior if it would happen.

The coach said something that disappointed me. He said that we could say what we wanted to do, but I like it when he takes control. Especially with those strong arms. After that, we played 5 against 5. I rather would do a 1-vs-1, but there was not enough time. It was still fun to do though. Strong posts, great penetrations, hard backdoors. Especially __4__ was playing great. Still in shape, just as rough as last season. I really wanted to play against such opponents. Unfortunately, practice was over.

Being sweaty, tired and in pain, I walked to the locker room. I filled my bottle again with water. When I drank from my bottle, the fluid dripped down my lips. When the bottle was empty, I took off my clothes and went to the showers. I was naked with other people, who seemed like they didn't mind at all. After the shower I was asked if I wanted a drink and I agreed.

We were going to the city center. There we started to drink beer and other stuff. At one point a teammate gave me a drink. I still don't know what it was. But I didn't mind it because I was getting drunk. When I was drinking, I heard a whisper in my ear. "You had quite some fun tonight... didn't you?"

The next thing I remember, was waking up in my own bed. Everything was fussy. The first thing I noticed was that I couldn't move my arms separately and noticed that I was wearing handcuffs. I looked around me. Looking for something different in my room from which I could remember. I saw a piece of paper with something on it. I wanted to get up and noticed a big pain in the ass. Still going through the pain, made it to the piece of paper. Which had the key for the handcuffs. Thank God! The piece of paper fell down on the floor and I saw someone's handwriting. It was a note towards me: see you next practice Xx

Judith

8 STANDINGS TEAMS

Gents 1

| | | | | | |
|----|-----------------------|----|----|-----|-----|
| 1 | BV Groningen MSE 2 | 9 | 18 | 837 | 535 |
| 2 | D.B.V. Arriba MSE 1 | 9 | 16 | 677 | 536 |
| 3 | BV Groningen MSE 3 | 9 | 14 | 636 | 575 |
| 4 | Trajanum MSE 1 | 10 | 14 | 703 | 632 |
| 5 | Flying Red MSE 1 | 8 | 10 | 638 | 543 |
| 6 | Scylla MSE 1 | 9 | 10 | 609 | 601 |
| 7 | SBA Sphinx MSE 1 | 9 | 8 | 639 | 691 |
| 8 | De Groene Uilen MSE 2 | 8 | 6 | 454 | 519 |
| 9 | Twente Buzzards MSE 1 | 10 | 6 | 637 | 708 |
| 10 | Celeritas-Donar MSE 2 | 9 | 2 | 555 | 684 |
| 11 | B.V. Batouwe MSE 2 | 9 | 2 | 549 | 727 |
| 12 | Arnhem Eagles MSE 1 | 9 | 2 | 598 | 781 |

Ladies 1

| | | | | | |
|----|-------------------------------|---|----|-----|-----|
| 1 | Uitsmijters VSE 2 | 8 | 16 | 552 | 239 |
| 2 | Landstede Basketbal ZAC VSE 2 | 9 | 16 | 497 | 305 |
| 3 | D.B.V. Arriba VSE 1 | 5 | 8 | 257 | 200 |
| 4 | Kickers VSE 1 | 5 | 6 | 251 | 203 |
| 5 | Peatminers VSE 1 | 7 | 6 | 289 | 381 |
| 6 | S.V.Z.W. VSE 1 | 6 | 4 | 268 | 294 |
| 7 | Amical VSE 2 | 6 | 4 | 202 | 355 |
| 8 | S.V.Z.W. VSE 2 | 7 | 4 | 208 | 366 |
| 9 | SV Twello VSE 1 | 8 | 4 | 327 | 352 |
| 10 | Risne Stars VSE 1 | 7 | 0 | 198 | 354 |

Gents 2

| | | | | | |
|----|----------------------------|---|----|-----|-----|
| 1 | The Jugglers MSE 2 | 8 | 13 | 461 | 389 |
| 2 | Kickers MSE 1 | 6 | 12 | 522 | 332 |
| 3 | B.V. Isala MSE 1 | 8 | 12 | 617 | 445 |
| 4 | Uitsmijters MSE 2 | 8 | 11 | 475 | 366 |
| 5 | Twente Buzzards MSE 2 | 7 | 10 | 381 | 365 |
| 6 | Peatminers MSE 1 | 6 | 8 | 347 | 339 |
| 7 | Picker Reds MSE 1 | 7 | 6 | 488 | 473 |
| 8 | Risne Stars MSE 1 | 8 | 6 | 496 | 528 |
| 9 | D.B.V. Arriba MSE 2 | 7 | 2 | 393 | 403 |
| 10 | S.V.Z.W. MSE 1 | 9 | 2 | 497 | 694 |
| 11 | The Valley Bucketees MSE 2 | 8 | 0 | 411 | 754 |

Gents 3

| | | | | | |
|---|-----------------------|---|----|-----|-----|
| 1 | S.V.Z.W. MSE 2 | 6 | 10 | 464 | 313 |
| 2 | Risne Stars MSE 2 | 4 | 8 | 297 | 179 |
| 3 | B.V. Isala MSE 2 | 4 | 6 | 233 | 224 |
| 4 | TONEGO '65 MSE 1 | 3 | 4 | 170 | 165 |
| 5 | D.B.V. Arriba MSE 3 | 5 | 4 | 276 | 355 |
| 6 | Twente Buzzards MSE 3 | 6 | 4 | 334 | 356 |
| 7 | Amical MSE 3 | 5 | 2 | 276 | 323 |
| 8 | Amical MSE 2 | 5 | 0 | 257 | 392 |

9 QUOTES

Camil: hij zit aan mijn zak godverdomme

Ainhoa: you have balls on the back.

Jeroen: yeah also in the front

You can look at boys, use them, but when they start to talk you get a headache – anonymous

Ik ben gewoon een caramelletje – Aïcha

Als je basketbal speelt ben je wel een beetje zwart van binnen dus hou je van kfc – Judith

I get fucked every week - Aïcha